



LIVE SENT

DISCOVER YOUR CALLING

PARTICIPANT'S GUIDE

"Come, follow me," Jesus said, "and I will send you out to fish for people." Matthew 4:19



Pioneer

Hello!

Welcome to *Live Sent- Discover Your Calling*.

This participant's guide will help you discover your missional calling and walk in greater obedience to God's commands. Jesus said in **John 20:21**, "*Peace be with you! As the Father has sent me, I am sending you*"! The Holy Spirit is stirring, and he wants you to experience the joy of walking in obedience to his calling.

This material is best designed for processing in a small group with a facilitator (see *Leader's Guide*). You will have an orientation session followed by four 90-minute sessions. If you are processing the material individually, you can also access the course online by [CLICKING HERE](#).

Here is a brief overview of this participant's guide.

- **Session 1- The Call from Above-** *What is God calling you to do?*
- **Session 2- The Call from Below-** *Who is God calling you to reach?*
- **Session 3- The Call from Outside-** *Where is God calling you to go?*
- **Session 4- The Call from Inside-** *How is God calling you to serve?*

Finally, I'd like to encourage you to purchase a separate journal to record the journal entries included and to write down any promptings from the Holy Spirit. I pray this discovery process will result in a clear, personalized mission statement to help you live out your missional calling.

God bless,



Jon Wiest
Co-Founder & Strategic Director
Mobilize the Church

ORIENTATION

0:1- WELCOME

Welcome to *Live Sent: Discover Your Calling*. Is God stirring your heart for something more? A new calling? A fresh adventure? A new chapter in your life? This course is designed to help you explore and discover your missional calling and how you can serve those outside the physical walls of the church.

This online resource will help you discover your missional calling and walk in greater obedience to God's commands. Jesus said in **John 20:21**, "*Peace be with you! As the Father has sent me, I am sending you.*" Here is a brief overview of each session.

Session 1-The Call from Above- *What is God calling you to do?*

This first session explores the general call from God to "go and make disciples". He is calling every follower of Jesus to participate in his redemptive mission by investing in others.

Session 2- The Call from Below- *Who is God calling you to reach?*

This second session focuses on those individuals or groups of people who are overlooked, lost, or suffering injustice. This session will help you discern your holy burden for the last, the lost, and the least.

Session 3- The Call from Outside- *Where is God calling you to go?*

This third session will encourage you to reimagine your local context with missionary eyes—to recognize the opportunities and relationships around you as possibilities for ministry.

Session 4- The Call from Inside- *How is God calling you to serve?*

This fourth session will explore how God has shaped you through your life experiences and help you discern how to hear the voice of the Spirit and live on mission.

Live Sent Profile- *What's next?*

The final step in this course will be to create a *Live Sent Profile* that will help you focus your missional calling and provide a few next steps. If you are going through this process as a group, reflect on the following three questions.

- **Share your name, and describe your family, vocation, and how you are currently serving at your church or in your community.**
- **Is there any group of people you already sense God may be calling you to serve or reach**
- **Why did you sign up for *Live Sent*?**

0:2- SPIRITUAL PREPARATION

To get the most out of *Live Sent*, be sure to answer every question in this participant's guide OR use a physical journal for your answers. It is also recommended that you prepare spiritually through prayer and fasting.

Consider fasting for 24 hours at some point in the next week. During your fast, spend the time you would normally be eating in focused prayer. Ask God to speak to you clearly throughout this process and to confront any fears or idols that stand in the way of total surrender. If you are meeting in a group setting, answer the following questions.

- **Have you ever fasted for spiritual reasons before? Share that experience.**

Faith, love, and obedience go hand-in-hand in the Bible. Look over these ten verses and answer the question that follows.

- "If you love me, keep my commands." **John 14:15**
 - "If you keep my commands, you will remain in my love, just as I have kept my Father's commands and remain in his love." **John 15:10**
 - "But Peter and the apostles answered, 'We must obey God rather than men.'" **Acts 5:29**
 - "This is love for God: to keep his commands. And his commands are not burdensome." **1 John 5:3**
 - "The one who keeps God's commands lives in Him, and He in them." **1 John 3:24**
 - "He replied, 'Blessed rather are those who hear the word of God and obey it.'" **Luke 11:28**
 - "Whoever has my commands and keeps them is the one who loves me." **John 14:21**
 - "You are my friends if you do what I command." **John 15:24**
 - "Do not merely listen to the word, and so deceive yourselves. Do what it says." **James 1:22**
 - "But the one who hears my words and does not put them into practice is like a man who built a house on the ground without a foundation." **Luke 6:49**
- **What stands out to you from these verses?**

0:3- ONLINE PLATFORM (OPTIONAL)

An online option of *Live Sent* is available by [CLICKING HERE](#). The online platform is identical to this guide, with all of the videos and journal entries embedded.



SESSION 1

THE CALL FROM ABOVE

What is God calling you to do?

This first call is to live a disciple-making lifestyle in obedience to the Great Commission. God is calling you to participate in his redemptive mission by investing in others and making disciples. Everything hinges on your obedience to the *Call from Above*.

SESSION 1

1:1- DISCIPLE MAKING

In **Matthew 28:18-20**, Jesus said, *"All authority in heaven and on earth has been given to me. Therefore, go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely, I am with you always, to the very end of the age."*

The command in this passage is to "make disciples," but there are three other words and phrases that modify that command. God has called you to 1) "go," 2) "baptize," and 3) "teach them to obey." These three phrases form a clear definition of disciple-making. Jesus is calling you to build a relationship with someone (go), help them learn how to trust in Jesus (baptize), and then teach them how to follow Jesus (teach to obey).

Disciple Making- *"Building a relationship with someone and helping them learn how to trust and follow Jesus."*

Anyone can make disciples as long as they are actively following Jesus. Curtis Sergeant, a former missionary to Asia who helped spark a disciple-making movement in that region, once said, *"You don't have to be a mature duck to lead a duckling. You only need to be one step ahead and follow the mother duck."* Disciple-making takes place as a person follows Jesus and encourages others to do the same.

Paul emphasized this concept in **1 Corinthians 11:1** when he wrote, *"Follow my example, as I follow the example of Christ"*. Are you following Jesus? Click the link below and consider the idea of imitation.

- [Imitation Video](#)

Disciple-making is much like the apprenticeship shown in this video. As long as you follow Jesus, you can disciple others to do the same. The most effective disciple maker lives a life that is worthy of imitation. Consider the areas where God might be asking you to deepen your relationship with Him, and answer the following questions in your journal or in the space provided.

JOURNAL ENTRIES

1. How can you become more like Jesus?

2. *Who was someone who discipled you, and what did they do?*

3. *Are you currently making disciples? If so, who? If not, why not?*

1:2- BUILDING RELATIONSHIPS

Matthew 28:19 begins with the phrase, *"Therefore, GO and make disciples."* There is an evangelistic urgency to this passage. This section will explore several methods for networking and building relationships.

Building relationships is the first step in disciple-making. In the journaling section on the next page, you will see a template called "9 Boxes" to help you consider the network of people in your life. Here is a brief description of each category.

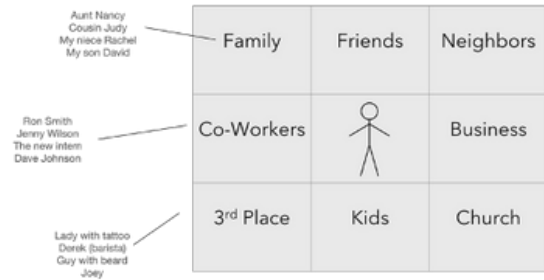
- | | |
|--------------------------------|--|
| 1. <i>Family</i> | (Parents, cousins, siblings, aunts, uncles, etc.) |
| 2. <i>Friends</i> | (Friends who don't go to church) |
| 3. <i>Neighbors</i> | (Nancy, George, family with kids, dude in apartment 5, etc.) |
| 4. <i>Co-Workers</i> | (Anyone associated with your work) |
| 5. <i>Businesses</i> | (The waitress, the bartender, the entrepreneur, etc.) |
| 6. <i>3rd Place</i> | (Places you hang out when you aren't at home or work) |
| 7. <i>Kids Connections</i> | (Teachers, coaches, kids' friends, etc.) |
| 8. <i>Church</i> | (People at church who need to be discipled) |

You will be asked on the next page to draw a line from each category of people, and then the names of individuals in each group. There are several ways to deepen relationships with the people in your relational network. We recommend using the B.L.E.S.S acrostic as a simple model for loving people and preparing to share the gospel.

- *Begin with Prayer*- Spend time praying for the people on your list.
- *Listen*- Ask questions and listen to what people are saying. Learn more about their story.
- *Eat*- Invite people to share a meal together.
- *Serve*- Serve people and find opportunities to bless them.
- *Story*- Learn to share your story by practicing a simple gospel presentation.

JOURNAL ENTRIES

4. Draw your relational network below using the "9 Boxes" illustration (see image)



5. What are a few observations from this exercise?

6. What individuals or groups from your list is God drawing you to reach?

7. What are a few B.L.E.S.S. practices you can use to deepen these relationships?

1:3- DISCIPLE-MAKING TOOLS

The previous section discussed the first part of disciple making- building relationships. This section explores the next part of disciple making and the tools you can use to help people trust and follow Jesus.

There are several different methods for sharing your story with individuals or groups. One effective way to initiate a gospel conversation is by asking thought-provoking questions. Here are a few examples.

- *"If God could do a miracle in your life, what would it be?"*
- *"If you could ask God one question, what would it be?"*
- *"When life gets hard, where do you turn for strength and hope?"*
- *"What was your faith background growing up?"*
- *"Tell me a little bit about your story?"*

This final question is powerful because it not only allows you to hear their story but also opens the door for you to share your testimony. You can then ask, "Has anyone shared the gospel with you before?" There are two popular methods for sharing the gospel. Click the titles to see a video demonstration.

- [Three-Circles Method](#)
- [One-Verse Evangelism](#)

In the journal, you will be asked to practice one of these methods. When someone is interested in exploring the faith or meeting regularly, there are three types of groups you can utilize to make disciples. Click the title of each to learn more.

[Discovery Groups](#)

God has used this method around the world, focusing on group discussions, reading God's Word, asking questions, and then sharing those stories with others. This method often utilizes key passages of Scripture and begins by reflecting on past experiences, studying the text, and then looking forward to the next steps.

[Discipleship Groups](#)

This method forms groups of 2-5 people that meet weekly for Bible reading, accountability, and prayer for others. Each group member commits to reading one chapter of the Bible daily and journals how God is speaking to them through a simple acrostic called SOAPS (Scripture, observation, application, prayer, sharing).

[Discipleship One-on-One](#)

In this method of disciple-making, the process occurs in a one-on-one relationship between the disciple and the student. While Jesus primarily disciplined in groups, he also had times when he would invest in others 1-1. There are several great resources you can use in this effort.

JOURNAL ENTRIES

8. Draw either the Three Circles or One-Verse diagram below and practice learning how to naturally share each method.

9. What do you find are the biggest obstacles to sharing your faith?



SESSION 2

THE CALL FROM BELOW

Who is God calling you to reach?

This session focuses on the last, lost, and least. You will be invited to identify individuals or groups of people who are far from God or often overlooked, and discern whether God has given you a holy burden to reach them.

SESSION 2

2:1- STORIES OF CALLING

The general calling to make disciples ought to have a specific context. Frederick Buechner once wrote of this specific calling, *"The place God calls you to is the place where your deep gladness and the world's deep hunger meet."* It is the call from below- a call to serve others and lift them up. Watch the following video clips to see testimonies of God's specific calling.

- [Remi Adeleke](#)

This is a video clip of Navy SEAL Remi Adeleke and his spiritual journey. Notice the pivotal moments along the way, his closing comments, and the joy of walking in obedience to God's calling. There is a freedom that comes from trusting God.

- [Ryan Ries](#)

This is a video clip of Ryan Ries, founder of the *Whosoever Movement*. Notice the struggle and surrender of leaving his past behind to follow God. God is using Ryan's testimony to reach hundreds of thousands of young people.

- [Lynsi Snyder](#)

This is a video clip of Lynsi Snyder, owner of *In-N-Out Burger*. She shares, "I was never willing to let go to see that God had something better." Consider the things you hold onto rather than surrendering entirely to God.

Stories of specific calling are found throughout Scripture. Take a moment to read each of the following stories and look for any common patterns or unique ways in which God calls people. You will then have an opportunity to reflect on these callings in your journal.

- Abraham (Genesis 12:1-7)
- Moses (Exodus 3:1-4:17)
- Joshua (Joshua 1:1-18)
- Gideon (Judges 6:11-18)
- Hannah and Samuel (1 Samuel 1:1-28, 3:1-21)
- Isaiah (Isaiah 6:1-13)
- Mary (Luke 1:26-56)
- Jesus (Matthew 3:13-17)
- Peter (Luke 5:1-11)
- Paul (Acts 9:1-20)

JOURNAL ENTRIES

1. *What stood out to you as you read the biblical stories of calling?*
2. *What patterns or principles did you learn from these stories?*
3. *What stood out to you from the three "modern" stories of calling?*

2:2- EMOTIONAL INVENTORY

The biblical and modern testimonies of calling help illustrate how God uses ordinary people to reach the last, the lost, and the least. In this section, you will take an emotional inventory to further discover your call from below.

God often stirs the emotions to act, and certain images can create a strong emotional response. In the *Emotional Inventory* link below, you will see 63 different images displayed one at a time. You will only have 5 seconds to respond to each image. While the image is on the screen, rank your emotional response on a scale of 1-5 (1 = no reaction, 5 = strong emotional response).

(Tip- Find a blank piece of paper and number it 1-63 before starting. You will transfer your scores after watching the video. Click the link below to get started)

- [*Emotional Inventory*](#)

Now that you have written down each score, download the answer sheet below, print it out, and transfer your scores.

- [*Emotional Inventory Answer Sheet*](#)

JOURNAL ENTRIES

4. What were the top three scores of your Emotional Inventory assessment? Write them below.

5. What other groups of people do you feel burdened to reach?

2:3- FINDING YOUR BURDEN

In Scripture, the *Call from Below* is often framed as a burden. In the previous section, the Emotional Inventory helped you begin to discover your unique burden. This section will continue that theme and introduce Scriptures that refer to the last, the lost, and the least.

Exodus 3:7, *"I have indeed seen the misery of my people in Egypt. I have heard them crying out...So I have come down to rescue them...So now, go. I am sending you..."* God's call to Moses was grounded in the suffering and cry of his people.

Isaiah 58:6-10, *"Is not this the kind of fasting I have chosen: to loose the chains of injustice... to set the oppressed free?"* Your calling is often revealed in your response to injustice and need.

Mark 2:17, *"It is not the healthy who need a doctor, but the sick. I have not come to call the righteous, but sinners."* Jesus specifically targeted the lost.

One author referred to this spiritual burden as holy discontent. He writes, "What wrecks you is part of what God wants to heal through you." Holy discontent is the righteous restlessness you feel when something in the world seems wrong. You've experienced this holy discontent if you've ever asked questions like, "Why isn't more being done to reach the lost?" "Why are hurting people left to suffer?" "Why doesn't anyone DO something!?"

Gary was a human rights lawyer who couldn't stop thinking about the injustice he saw during the Rwandan genocide. His holy discontent became the launchpad for one of the world's largest Christian justice organizations. Ryan was a surfer and felt a burden for his lost friends and those without clean water. Laura felt a burden for women trapped in the adult entertainment industry. Liz wanted to make sure nobody was without food and started a dinner church in response to her holy discontent. What about you?

JOURNAL ENTRIES

6. *Where do you feel a holy discontent in our world?*

7. *Who are the people God has placed in your path who no one else seems to be reaching?*

8. *Where do you already have access, credibility, or favor?*

9. *Where do you already have relationships, influence, or a natural place to engage others?*



SESSION 3

THE CALL FROM OUTSIDE

Where is God calling you to go?

This session will encourage you to consider your local context with fresh eyes and recognize the opportunities and relationships around you as possibilities for ministry. Jesus said in **John 4:35**, "*Open your eyes, the fields are white unto harvest.*"

SESSION 3

3:1- THE HARVEST IS PLENTIFUL

Jesus said in **Luke 10:2**, *"The harvest is plentiful but the workers are few."* The fields are white unto harvest, but where specifically is God calling you to go? Read the following passages and reflect on them in your journal below.

Luke 10:1-3- *"After this, the Lord appointed seventy-two others and sent them two by two ahead of him to every town and place where he was about to go. He told them, 'The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field. Go! I am sending you out like lambs among wolves.'"*

Luke 15:1-7 *"Now the tax collectors and sinners were all gathering around to hear Jesus. But the Pharisees and the teachers of the law muttered, 'This man welcomes sinners and eats with them.' Then Jesus told them this parable, 'Suppose one of you has a hundred sheep and loses one of them. Doesn't he leave the ninety-nine in the open country and go after the lost sheep until he finds it? And when he finds it, he joyfully puts it on his shoulders and goes home. Then he calls his friends and neighbors together and says, 'Rejoice with me; I have found my lost sheep.' I tell you that in the same way there will be more rejoicing in heaven over one sinner who repents than over ninety-nine righteous persons who do not need to repent.'"*

Acts 1:8 *"But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth."*

Jesus commanded you to be his witness in Jerusalem, Judea, and Samaria, and to the ends of the earth. These locations represent four harvest fields.

- *Here (Jerusalem)*- This area is your immediate mission field of friends, family, work, and community.
- *Near (Judea)*- This area has a similar demographic of people as "here," but is further away geographically.
- *Hard (Samaria)*- This area has a different demographic of people than "here" and is more difficult to reach.
- *Far (ends of the earth)*- This area is further away geographically, often in another country or among another ethnic group.

JOURNAL ENTRIES

1. *How did the Holy Spirit speak to you in the three Bible passages you read?*

2. *Do you sense the Lord drawing you to one of these four mission fields?*

3:2- THE HARVEST IS GLOBAL

In this section, you will focus on those fields that are often furthest away ("far") or most difficult to reach ("hard"). This might be interacting with immigrants and refugees, other ethnic groups, or people who are very different than you. God might also be calling you to reach a specific group of people overseas. This section will explore the global harvest.

The following statistics are from *The Joshua Project*, a website that provides statistics on the unfinished task of global evangelism and various groups of people that have not been reached with the gospel. Click each one of the presentations below to learn more.

- [*The Remaining Task*](#)- This presentation outlines the remaining task for global missions.
- [*Global Missions Trends*](#)- These are the most recent trends in global missions and the spread of the gospel around the world.
- [*Compelling Reasons*](#)- These are three compelling reasons to consider serving in another country.
- [*Unreached People Groups*](#)- This is a snapshot of the needs around the world.

Watch the video below and consider the global harvest and the significant needs around the world. In the 21st century, God is sending missionaries "everywhere to everywhere."

- [*Global Harvest Video*](#)

Look at the following definitions.

- *People Group*- A group of people within which the Gospel can spread as a church-planting movement without encountering barriers to understanding or acceptance.
- *Unreached*- This is a people group with a small community of believing Christians who rely on additional outside support. An unreached people group refers to a population where less than 5% typically professes Christianity.
- *Unengaged*- If the unreached are less than 5% of a population, the unengaged have barely a trace of any believers or activity, with no active church planting or disciple-making underway.

JOURNAL ENTRIES

3. *If you've served on a mission trip, would you want to revisit any of those places?*

4. *Why is that the case?*

5. *Are you drawn to any ethnic groups represented in your community?*

6. *What information stood out to you as you read about the global harvest?*

3:3- THE HARVEST IS LOCAL

In this section, you will focus on those fields that are in your own backyard (“near”) or a community next door (“near”). We now live in a postmodern, post-Christian, secular society with increasing diversity, technology, and economic challenges. How might God be calling you to engage your local community? This section will explore the local harvest.

In 1990, 85% of Americans identified themselves as Christian. Thirty years later, data from Pew Research tells us that the number has plummeted below 60%. The Pinetops Foundation recently did research on the current state of the church in North America. Click the link below to learn more.

- [Great Opportunity](#)

Perform a search of your specific community and other places of interest by visiting the [Association of Religion Database](#) or [City Data](#) for a quick look at demographic information in your community, and then write in your journal anything that stood out to you from your research.

The North American context is undergoing rapid change. North America can be described as a secular, post-Christian, postmodern society. This has profoundly impacted the church and created a changing harvest field that requires a change in harvesting methods. In North America, three types of people are usually encountered outside the church.

- *Nones*- These are people with access to the Gospel but without any experience of the church or the Bible. When surveyed about their faith, these respondents reported no affiliation with a religion. They are sometimes referred to as unchurched.
- *Dones*- These are people with access to the Gospel who were once a part of the church but then walked away out of apathy or a negative experience. They are sometimes referred to as de-churched.
- *Cultural Christians*- Cultural Christians are nonreligious people who adhere to Christian values and appreciate Christian culture but struggle to experience God personally.

JOURNAL ENTRIES

7. *Who lives in your community but doesn't often attend church?*

8. What stood out to you from the "Great Opportunity" report or from the demographic info you researched?

9. Do you know any "Nones," "Dones," or "Cultural Christians"? Write their names below.



SESSION 4

THE CALL FROM INSIDE

How is God calling you to serve?

This session will explore how God has uniquely shaped you through your personality, passions, and life experiences. This session will help you discern how the Holy Spirit may be speaking through your unique design and testimony.

SESSION 4

4:1- LISTENING TO GOD

God has given you a primary calling to make disciples (Call from Above), a burden for a specific group of people (Call from Below), and a possible location to minister (Call from Outside). It's now time to listen to the Spirit (Call from Within) to refine your missional calling even further.

The ability to hear God's voice is fundamental to learning how to live as a disciple of Christ, and the Bible serves as the Rosetta Stone for hearing His voice. Discovered in the late 18th century, the Rosetta Stone is a large piece of granite that now sits in the British Museum. This artifact helped unlock and interpret Egyptian hieroglyphics. By reading the inscriptions on the rock, people could finally make meaning of other languages.

The Bible is the Rosetta Stone for interpreting the voice of God. God will never contradict His Word, so everything you hear from the Spirit should align with the Bible. The more time you spend reading the Bible and praying to God, the better you can learn to discern His voice.

Hearing from God requires practice and will necessitate walking by faith. In addition to the Word of God, the Spirit also speaks through dreams, desires, doors of opportunity, suffering, and other people. While it may be difficult to find 100% certainty that the Spirit is speaking, testing his word by faith is important. Consider two ways of finishing this sentence. "When we think we are hearing from God..."

- "It's better to assume it is from God and move forward even without certainty."
- "It's important to wait for certainty before moving forward."

This is the tension many people feel. However, if you wait until you have absolute certainty of something, you may never take a step and do anything! Following the Holy Spirit will always require a certain measure of faith.

Watch the following movie clip and consider the step of faith God might be asking you to take.

- [Step of Faith Video](#)

JOURNAL ENTRIES

1. Describe how God often speaks to you.

2. How do you discern His voice in your daily life?

3. Do you have a "quiet place," a time and/or place you go to hear from God?

4:2-LISTENING TO OUR STORIES

A narrative analysis is one way to examine your past, present, and future, and discern whether God wants to convey a message through your successes, failures, experiences, or opportunities. By listening to how God has written the story of your life, you will get clues for your next assignment. The next section, titled "A Narrative Analysis," is crucial for discerning your calling.

(Note- You will need to allocate approximately one hour to complete this next section, answering all 30 questions.)

THE PAST

God never wastes your story. Your past experiences—your background, struggles, and victories—provide clues to how He may want to use you to bring healing and hope to others. By reflecting on your past, you can uncover who God has uniquely equipped you to reach.

1. Does your place of origin or family background connect you to a specific group or culture of people?

2.Are there groups of people you naturally understand because of where you grew up?

3.Think back to a time you felt fully alive, purposeful, and aligned with God's mission. What were you doing? Who were you helping or influencing?

4.Where has your life or ministry made an impact?

5.Have others affirmed your effectiveness in any specific area?

6.What painful or difficult seasons have grown you the most? Does that connect you with any group of people?

7.Are there particular people, needs, or situations that keep showing up in your life?

8.What type of people do you seem to attract? Who are you drawn to?

9. How does your testimony give you compassion or credibility with others?

10.What groups of people have you mentored, served, or helped in the past?

THE PRESENT

God has placed you where you are on purpose. Your everyday rhythms, relationships, and environments are full of potential ministry opportunities, and maybe God is calling you to serve right where you are.

1.List the places you tend to visit during the week. (e.g., work, home, school, gym, coffee shop, park, neighborhood, kids' activities, etc.)

2.What type of people do you naturally interact with in those spaces?

3.What spiritual or physical needs do you notice in those spaces?

4. Who might be far from God, isolated, struggling, or spiritually curious?

5. Where else do you see people who need friendship, mentoring, hope, or practical help?

6. Do you feel any pull toward a specific location (street, part of town, city)?

7. Are you drawn to a specific demographic group (age, stage of life, ethnicity, shared interest, or need)?

8. Is there a particular need, group, or place you can't stop thinking about lately?

9. Where do you already have trust or influence in your social, professional, or volunteer networks?

10. Which of those groups might God be calling you to engage more intentionally?

THE FUTURE

God is still writing your story. While your past and present provide clues, discerning your calling also means listening for what the Spirit might be preparing you for next.

1. Where have you considered serving overseas or cross-culturally?

2. Are you curious about working with a different generation, ethnicity, or demographic group?

3. What groups of people emerged in your emotional inventory?

4. Are there recurring burdens or holy discontents that feel hard to ignore?

5.Are you in a season of change—relational, vocational, educational, or spiritual?

6.How might that season open any new doors for you?

7.Are there fears, insecurities, or perceived limitations that might hold you back from fully surrendering to God's call?

8.What "what ifs" are you holding onto, and how can you surrender those fears?

9.What bold move would you make if fear, money, or comfort weren't in the way?

10.Is there something you already know God is prompting you toward, but you feel hesitant to step out?

4:3 Spending Time in Prayer

Everything in this course leads to this section. It's time to take the 30 journal entries and 30 questions of your "Narrative Analysis" and spend extended time listening to the Holy Spirit. In this session, you will watch a short video and then set aside extended time for this session.

God is always speaking. Are you listening?

John 10:3-5,27 *"The gatekeeper opens the gate for him, and the sheep listen to his voice. He calls his own sheep by name and leads them out. When he has brought out all his own, he goes on ahead of them, and his sheep follow him because they know his voice. But they will never follow a stranger; in fact, they will run away from him because they do not recognize a stranger's voice...My sheep listen to my voice; I know them, and they follow me."*

Click the link below where the speaker explains that part of the challenge in hearing from God is reaching a point where "you don't care anymore about the outcome." This means you have surrendered to His will and are committed to walking in obedience to His calling.

- [Prayer Video](#)

Discernment Summary

This is your final assignment. Consider spending a few hours (at least two hours) or even an entire day listening to God through prayer. You will need the following items:

- *Bible and Pen*
- *Journal Entries- (30 questions and answers in this guide)*
- *Narrative Analysis (30 questions from Session #4)*
- *Discernment Summary and Live Sent Profile- (see following sheets)*

Find a quiet place to be alone with God. Begin your session with a period of extended prayer. If God is drawing you to a specific Scripture passage, meditate on His Word. Then, read through every answer to your journal entries and narrative analysis. Be sure to add any new information and update each answer. Then, go back a second time and begin to highlight/underline any of the answers, phrases, or words the Spirit seems to be emphasizing.

When you are ready, begin to fill out your "Discernment Summary" and then distill all of your answers to the "Live Sent Profile" on the final page of this guide.

DISCERNMENT SUMMARY

Session 1- The Call from Above-

What did you learn about God in this session?

What did you learn about yourself?

Who might God be calling you to disciple?

What is one step of faith you need to take?

Session 2- The Call from Below-

What did you learn about God in this session?

What did you learn about yourself?

What causes you to feel holy discontent?

What group(s) of people are you burdened to reach? Be specific.

Session 3- The Call from Outside-

What did you learn about God in this session?

What did you learn about yourself?

Where do the group(s) of people you feel burdened to reach live, work, play, and eat?

Which of the "four fields" do you feel drawn to reach?

Session 4- The Call from Inside-

What did you learn about yourself as you considered the "Past"?

What groups of people might God be leading you to reach based on the "Past"?

What did you learn about yourself as you considered the "Present"?

Where might God be drawing you toward as you consider the "Present"?

What opportunities might you have in the "Future"?

What will you need to sacrifice to walk in your future calling?

LIVE SENT PROFILE

Name _____

Statements

What? God is calling me to... (describe your basic sense of mission or calling)

Who? My burden is specifically for... (describe the issue and/or group of people in detail)

Where? God is sending me to... (describe the context where God is leading you to go)

How? I'm uniquely positioned to... (describe how your past, present, or future impacts you)

Next? I'm believing God for... (describe how this could look in 3-5 years)

Summary Paragraph

Review the above statements and summarize them in a single paragraph below.

Congratulations!

You have taken the time to listen to the *Call from Above*, the *Call from Below*, the *Call from Outside*, and the *Call from Inside*. In the next 24 hours, please share your "Live Sent Profile" with a trusted mentor, coach, or spiritual advisor.

If you are ready to LIVE SENT and pioneer something new, be sure to check out additional coaching and resources available through *Mobilize the Church*, including "*Pioneer Basic Training*," a course designed to help you take the next step.

Visit www.mobilizethechurch.com for more information.



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